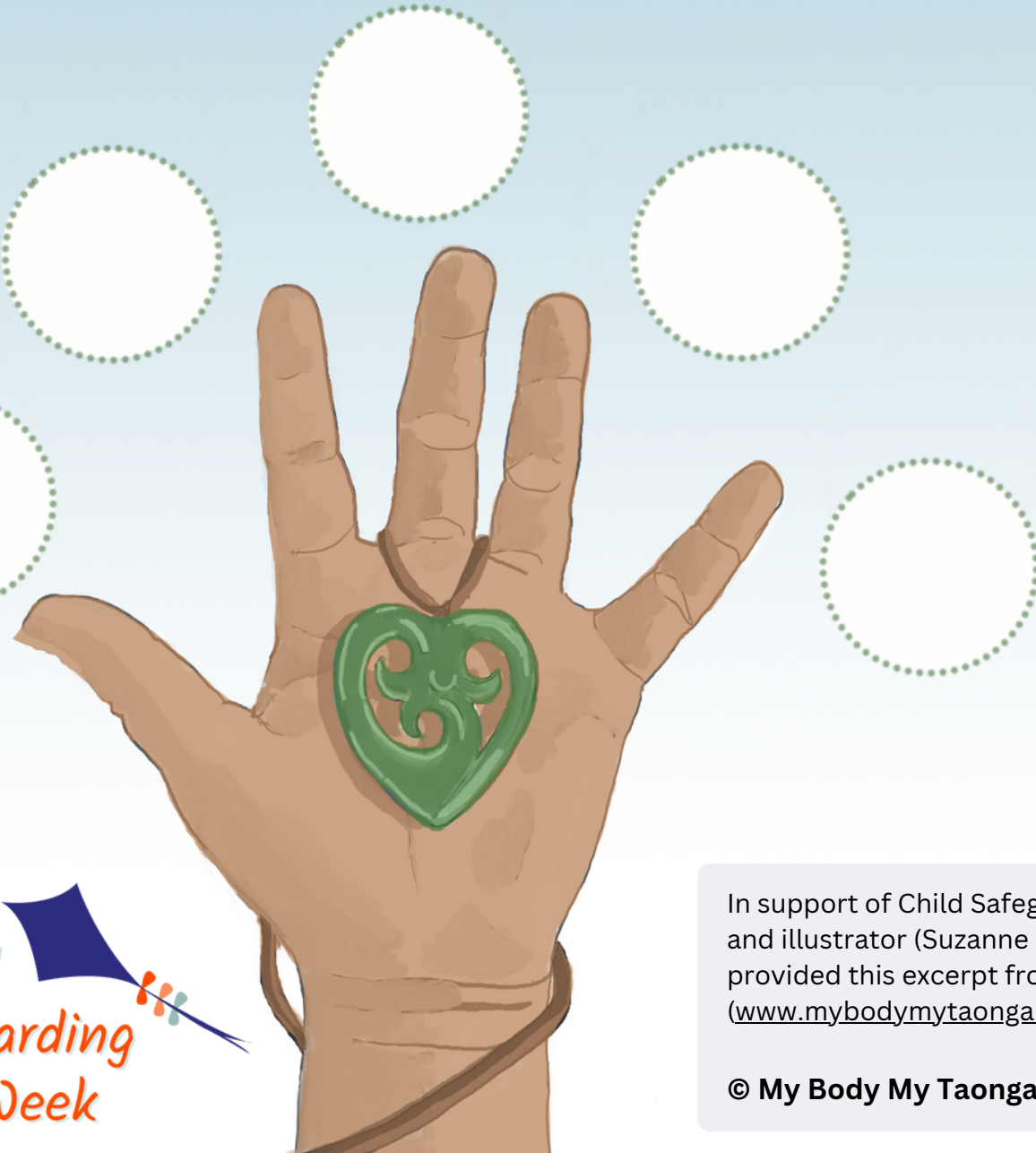


# Adults I trust



Child  
Safeguarding  
Week

## Children's Activity

(recommended for 4.5 - 9 year olds)

A trusted adult is a grown-up that you always feel safe and comfortable around. They listen and you can tell them **anything, anytime, always.**

Adults you trust may be your parents, grandparents, aunty, uncle, a friend's parent, your teacher at school...

**Who are adults you trust?  
Can you name 5?**

In support of Child Safeguarding Week 2023, the author (Rosalind Harrison) and illustrator (Suzanne Simpson) of **My Body My Taonga** have kindly provided this excerpt from their educational children's book on body safety ([www.mybodymytaonga.com](http://www.mybodymytaonga.com)). This resource is subject to copyright.

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